

BC Cup



Teck



BLACK TUSK
Nordic Events
Society

EVENT NOTICE (Revised)

2022 TECK BC CUP #1 January 15 & 16, 2022 BC Cup Series

RACE EVENTS

Saturday, January 15 9:00 am
Sunday, January 16 **10:00 am**

Individual Sprint - Classic Technique
Mass Start - Free Technique

RACE LOCATION

Whistler Olympic Park, Callaghan Valley, B.C.

HOST CLUB

[Black Tusk Nordic Events Society](#)

SANCTIONED BY

[Nordiq Canada \(NC\) & Cross Country BC](#)

RULES

Nordiq Canada Rules & Regulations: [FIS ICR-CCR \(Canadian Competition Rules\) Precisions 2021](#)

COMPETITION COMMITTEE

Chief of Competition: Jake Weaver
Competition Secretary: Dj Hay, 604-789-7212 racesecretary@blacktusknordic.com
Chief of Timing: Gwendolyn Kennedy
Chief of Course: Andreas Sandell
Chief of Stadium: Maria Lundgren
Technical Delegate: Valerie Wootton

JURY

Valerie Wootton, Technical Delegate
Jake Weaver, Chief of Competition
Named Assistant Technical Delegate or visiting coach

EVENT WEBSITE

blacktusknordic.com/events/BC_Cup1

COVID-19 Safety Plan

The current **COVID Safety Plan** can be found at the top of Black Tusk Nordic Event Society website: <https://www.blacktusknordic.com>.
It is essential that all event participants (i.e. racers, officials, coaches, and support staff including wax techs, drivers, etc.) read the plan carefully and fully understand it.

Please be aware that Public Health Orders may change and participant requirements may need to be altered.

Please consult the BTNES [website](#) regularly for updated notices and changes.

REGISTRATION

Registration and fee payment is online only at [Zone4](#).
Coaches are required to register through **Zone 4**. No fees are required.

RACE ENTRY

Entry Deadline is: **Thursday, January 13th, 2022 at 12:00pm PST**

DEADLINE

LATE ENTRIES WILL NOT BE ACCEPTED.

CANCELLATION

Any advance cancellation of the event by the organizing committee will be made after consultation with CCBC and the Technical Delegate.

A decision to cancel one or more days of competition, or races for specific age categories due to the race conditions during an event will be made by the Technical Delegate in consultation with the Jury.

POSTPONEMENT

If it is necessary to postpone the race, the alternate dates will be Jan. 29-30, 2022

REFUND POLICY

In the event of cancellation by race organizers, a refund of registration fees less administration and event expenses already incurred will be provided.

A refund of individual registration fees will only be provided for medical reasons and if the Competition Secretary receives notification WITH medical documentation prior to the registration deadline.

ZONE4 online booking fees are non-refundable.

LICENSES

All competitors skiing in **U14 to Senior categories** must have a current race licence. The following licenses are acceptable:

- Nordiq Canada License
- FIS License
- Other National Ski License
- Supporting Member Day License (SMDL)

SEEDING

Seeding will be used for all age categories. If two or more age categories of the same gender are skiing a common distance (for example, U18 Boys and U20 Men) they will be seeded together using the current Canada Points List. These categories will be combined for the start list but separated for results and awards.

START LISTS

Start lists will be posted on [Zone4's Event page](#).

RACE OFFICE

The event race office will be in the WOP technical building by the XC stadium and open from 7:15 am - 4:00 pm

BIB PICKUP

Bib pickup for each day of racing will be from outside the Race Office from 7:30 - 8:30 am. **Bib pick up will be by Club or Team;** state preference at registration. For Sprint Heats, the individual athletes will pick up their bibs outside the Race Office.

CONCESSION

For COVID safety, no food or drinks will be provided for participants, either at the finish line or in the Flex Space. Participants should bring their own drinks, lunch, snacks and recovery food.

A food concession is available on site at the WOP Day Lodge with reduced hours.

FACILITIES

Park access opens at 7:15 am. A ski lodge and washrooms are located in Whistler Olympic Park. Refer to [WOP's Conditions](#) webpage for their **COVID-19 RESPONSE / COMMUNICABLE DISEASE PREVENTION**.

PARKING

Please park in the designated lots as directed by WOP staff upon arrival.

TRAIL FEES

Friday January 14 (unofficial training): Participants who do not have season passes can pick up a 3-day trail ticket at the main gate (lane 1 or 2, lane function/description below). Please present the same ticket to be scanned at the gate on race days, Saturday and Sunday.

Saturday January 15 and Sunday January 16: Tickets that were not picked up on Friday will be available for pick up at the main gate house (lane 1 or 2 only, lane function/description below).

On all days, please adhere to signage at the gate and use the appropriate lanes listed below.

- **Lane 1 “scan only” (left lane)** – please use this lane to scan season passes or to pick up/scan 3-day race tickets. No purchases can be made in this lane
- **Lane 2 “pay and scan”(middle lane)** – please use this lane to scan season passes, pick up/scan 3-day race tickets, or to purchase day tickets for general public
- **Lane 3 “pay and scan” (far right lane)** – when open, this lane can be used to scan season passes, scan the barcode on your 3-day trail ticket, or to purchase day tickets for general public

Coaches and wax technicians receive access to event trails for race days based on a 5:1 ratio of athletes to coaches/wax techs. Must register on Zone4

Regular trail pass rates are available for non-event trails. Contact Whistler Olympic Park for more information, 604-964-0059.

<https://www.whistlersportlegacies.com/whistler-olympic-park/tickets-passes>

COURSE MAPS

Course maps and stadium layout will be available by Saturday January 8th, 2022. Please refer to [Zone4's BC Cup 1 Event page](#) and [BTNES website](#)

WAX FACILITIES

Waxing trailers are available for rent at Whistler Olympic Park at a rate of \$40 per day. Please contact the [Race Office](#) for wax cabin requests.

WAX TESTING

A wax testing/warm up area will be provided near the cross-country stadium. Wax testing on course will be at the discretion of the jury. Please refer to [Zone4's BC Cup 1 Event page](#) the [BTNES website](#) for maps outlining the testing area.

GLIDE WAX PROTOCOL

Cross Country BC has adopted a No Fluoro policy for all age categories at all Teck BC Cup races, please see [CCBC Protocol Regarding the Use of Fluorinated Waxes](#).

Non-fluoro waxing protocol applies to all ages for BC Cup #1:

- Structure tools ARE permitted.
- Only identified non-fluoro (NF) waxes ARE permitted.
- Fluorinated grip waxes ARE permitted.

Adherence to this protocol is the responsibility of coaches, parents and wax technicians.

WEATHER

For current conditions, visit:

[Weather | Whistler Olympic Park](#)

For snow forecast refer to:

[Ski Callaghan Snow Forecast \(mid mountain\) | Snow-Forecast.com](#)

For weather forecast refer to:

[Whistler, BC - 7 Day Forecast](#) or

[yr.no/en/forecast/Whistler Nordic Venue\(Callaghan Valley\)](#)

ACCOMMODATION

Hotels are available in nearby Squamish and Whistler. The closest accommodations are the following:

Whistler Athletes' Centre

<http://www.whistlersportlegacies.com/venues/whistler-athletes-centre>

Phone: 604-964-0052

Whistler Canadian Hostel

<http://hihostels.ca/westerncanada/331/HI-Whistler.hostel>

Phone: 1-866-762-4122



Crystal Lodge

4154 Village Green

Phone: 1 800 667 3363



Hilton Whistler Resort & Spa

For additional accommodation options:

Tourist Information

Whistler: <http://tourismwhistler.com>

Squamish: <http://tourismsquamish.com>

AWARDS

Event awards will be presented at the stadium each day after completion of the final race.

INDIVIDUAL AWARDS

U8	All will receive a Teck participant ribbon
U10 to U16	Teck medals for top 3 finishers by YOB Teck ribbons for 4 th and 5 th finishers
U18	BTNES awards for top 3 by YOB.
U20	BTNES awards for top 3
U23	BTNES awards for top 3
Senior	BTNES awards for top 3
Masters (30+ Years)	BTNES awards for top 3 (10Y inc.)
PN Junior Sit-Ski	BTNES awards for top 3
PN Sit-Ski	BTNES awards for top 3
PN Stand	BTNES awards for top 3

RACE SCHEDULE: Teck BC Cup #1

Day 1 - INDIVIDUAL SPRINT – CLASSIC TECHNIQUE

Date: January 15, 2022

Start Time: 9:00 a.m.

Location: Whistler Olympic Park, Callaghan Valley, B.C.

The Sprint competition will offer a Qualification Round (15 second interval start) for all age categories.

Category	Sub Category	Age on Dec. 31, 2021	Year Born	Distance	Fee*
U8 Boys	U8B-1, U8B-2, U8B-3	5, 6, 7	2016, 2015, 2014	200 m	10.00
U10 Boys	U10B-1, U10B-2	8, 9	2013, 2012	200 m	15.00
U12 Boys	U12B-1, U12B-2	10, 11	2011, 2010	300 m	15.00
U14 Boys	U14B-1, U14B-2	12, 13	2009, 2008	700 m	15.00
U16 Boys	U16B-1, U16B-2	14, 15	2007, 2006	1 km	20.00
U18 Boys	U18B-1, U18B-2	16, 17	2005, 2004	1 km	20.00
U20 Men	U20M-1, U20M-2	18, 19	2003, 2002	1.4 km	20.00
U23 Men	--	20 - 22	2001 - 1999	1.4 km	25.00
Senior Men	--	23 - 29	1998 -1992	1.4 km	25.00
Masters Men	--	30 and older	1991 & earlier	1 km	30.00
Para-Sit Junior Men	--	12 - 19	2009-2002	300 m	20.00
Para-Sit Men	--	20 and older	2001 & earlier	750 m	25.00
Para-Stand Men	--	open	--	1 km	25.00
U8 Girls	U8G-1, U8G-2, U8G-3	5, 6, 7	2016, 2015, 2014	200 m	10.00
U10 Girls	U10G-1, U10G-2	8, 9	2013, 2012	200 m	15.00
U12 Girls	U12G-1, U12G-2	10, 11	2011, 2010	300 m	15.00
U14 Girls	U14G-1, U14G-2	12, 13	2009, 2008	700 m	15.00
U16 Girls	U16G-1, U16G-2	14, 15	2007, 2006	1 km	20.00
U18 Girls	U18G-1, U18G-2	16, 17	2005, 2004	1 km	20.00
U20 Women	U20W-1, U20W-2	18, 19	2003, 2002	1.2 km	20.00
U23 Women	--	20 - 22	2001 - 1999	1.2 km	25.00
Senior Women	--	23 - 29	1998 -1992	1.2 km	25.00
Masters Women	--	30 and older	1991 & earlier	1 km	30.00
Para-Sit Junior Women	--	12-19	2009-2002	300 m	20.00
Para-Sit Women	--	20 and older	2001 & earlier	750 m	25.00
Para-Stand Women	--	open	--	1 km	25.00

* Fees include WOP trail ticket for those registered.

Day 2 - MASS START – FREE TECHNIQUE

Date: January 16, 2022

Start Time: 10:00 a.m.

Location: Whistler Olympic Park, Callaghan Valley, B.C.

Category	Sub Category	Age on Dec. 31, 2021	Year Born	Distance	Fee*
U8 Boys	U8B-1, U8B-2, U8B-3	5, 6, 7	2016, 2015, 2014	750 m	10.00
U10 Boys	U10B-1, U10B-2	8, 9	2013, 2012	1.5 km	15.00
U12 Boys	U12B-1, U12B-2	10, 11	2011, 2010	2.5 km	15.00
U14 Boys	U14B-1, U14B-2	12, 13	2009, 2008	3.3 km	15.00
U16 Boys	U16B-1, U16B-2	14, 15	2007, 2006	5 km	20.00
U18 Boys	U18B-1, U18B-2	16, 17	2005, 2004	10 km	20.00
U20 Men	U20M-1, U20M-2	18, 19	2003, 2002	10 km	20.00
U23 Men	--	20 - 22	2001 - 1999	10 km	25.00
Senior Men	--	23 - 29	1998 -1992	10 km	25.00
Masters Men	--	30 and older	1991 & earlier	10 km	30.00
Para-Sit Junior Men	--	12 - 19	2009-2002	2.5 km	20.00
Para-Sit Men	--	20 and older	2001 & earlier	7.5 km	25.00
Para-Stand Men	--	open		5 km	25.00
U8 Girls	U8G-1, U8G-2, U8G-3	5, 6, 7	2016, 2015, 2014	750 m	10.00
U10 Girls	U10G-1, U10G-2	8, 9	2013, 2012	1.5 km	15.00
U12 Girls	U12G-1, U12G-2	10, 11	2011, 2010	2.5 km	15.00
U14 Girls	U14G-1, U14G-2	12, 13	2009, 2008	3.3 km	15.00
U16 Girls	U16G-1, U16G-2	14, 15	2007, 2006	3.3 km	20.00
U18 Girls	U18G-1, U18G-2	16, 17	2005, 2004	5 km	20.00
U20 Women	U20W-1, U20W-2	18, 19	2003, 2002	5 km	20.00
U23 Women	--	20 - 22	2001 - 1999	5 km	25.00
Senior Women	--	23 - 29	1998 -1992	5 km	25.00
Masters Women	--	30 and older	1991 & earlier	5 km	30.00
Para-Sit Junior Women	--	12-19	2009-2002	2.5 km	20.00
Para-Sit Women	--	20 and older	2001 & earlier	7.5 km	25.00
Para-Stand Women	--	open		3.3 km	25.00

* Fees include WOP trail ticket for those registered.

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